

TEA

BEAUTY

WELLNESS



**THĒMAĒ**  
PARIS

The treatment ceremony through tea

## I The treatment ceremony through tea

**THÉMAÉ** is an independent French brand and a unique tea beauty expert born in April 2007.

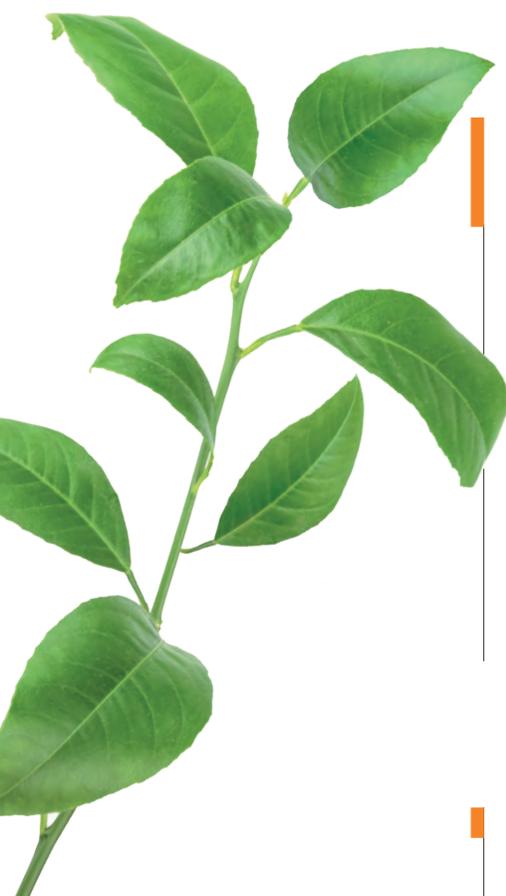
**THÉMAÉ**, is a noun referring to «the various phases in preparing and presenting the tea ceremony» in Japanese. The brand draws its inspiration from the art and culture of tea.

The beneficial virtues of tea influence the body and mind as well as inner beauty... The **THÉMAÉ** philosophy relies on this original dual approach, which combines true treatment efficacy with a deep sense of well-being.

**THÉMAÉ** symbolizes a world of refinement, beauty and well-being, which is brought to life in a Spa situated between the Place des Victoires and the Louvre in Paris. It is reflected across a range of body and face treatments as well as a line of natural products with the **Complexe des 4 Thés®** (4 Teas Elixir), offering all the virtues of this millennia-old plant.

**THÉMAÉ** founder Guillaume Lefèvre draws on the experience of his travels and takes inspiration from the art and culture of tea, from the refinement and delicate nature of its ceremony, to convert them into totally unique treatment protocols and offer a line of natural products that enclose all the virtues of this thousand-year-old plant.





# TEA

A millennia-old plant with incomparable ancestral virtues\*:

There is a vast variety of teas, including **white tea**, **green tea**, **blue-green tea** (known as *oolong*), and **black tea**. They all come from the *Camellia Sinensis* plant, and differ only in the way they are processed. This gives them unique nutritional qualities and a variety of biological properties. White tea and green tea, for instance, do not undergo fermentation. Blue-green tea, known as «oolong» and black tea are fermented to varying degrees. Oolong teas are fermented for a shorter period of time than black tea. The fermentation process is stopped by roasting.

## The multiple virtues of tea

Since it is exposed to a variety of biological stressors, the vegetal world has had to develop complex defense strategies. This has resulted in the emergence of molecules with specific properties. For example, the **catechins** contained in tea are polyphenols in the flavonoid family and are known to be **powerful antioxidants**.

The biological world and our health are constantly endangered by stressors such as free radicals, which are produced under the effects of oxygen and light (ultraviolet rays in particular). Once again, plants like tea were the first species to have to defend themselves, resulting in the emergence and selection of molecules with **antioxidant** and **anti-inflammatory** properties. Catechins are particularly abundant in tea leaves, and *epigallocatechin gallate*, also known as *EGCG*, is the main catechin in green tea.



### TEA POLYPHENOLS:

Due to its high polyphenol content, tea helps slow the appearance of the visible signs of aging by neutralizing the free radicals responsible for the breakdown of collagen and elastin.

Tea contains more than **500 active compounds**, including certain polyphenols (a large group of antioxidants) among the polyphenols are **catechins**, **theaflavins** and **thearubigins**.

**Catechins** are the tea *flavonoids* that have been the subject of many researches in scientific literature. They are also primarily responsible for the most valuable antioxidant properties in tea, one catechin in particular: *EGCG* (*epigallocatechin gallate*).

### GREEN TEA CONTAINS FLAVONOIDS, 70 % OF WHICH ARE CATECHINS ;

On average, **200 ml** of green tea contains **90 à 110 mg** of catechins. During fermentation, catechins are oxidized, resulting in black tea. Like vitamins C and E, catechins are true antioxidants, even for the skin (Krausz *et al.* 2014).

### THE OTHER ACTIVE MOLECULES IN TEA:

#### Caffeine or theine:

Tea has a high caffeine content. This substance can also be referred to as theine, although the two are identical. Theine is concentrated in the buds, meaning that a tea rich in buds, resulting from fine or imperial harvesting, theoretically contains more theine than a tea composed primarily of large leaves (*like oolongs*).

#### Theanine:

Recent research has shown that tea contains an **amino acid** called **theanine**.

This amino acid has the distinctive ability to offset the negative effects of caffeine and exacerbate its positive effects, thereby **reducing mental and physical stress while encouraging relaxation**.

# BEAU'tea

This means Camellia Sinensis and modern science combine naturally to boost results. Active ingredients at the heart of each formula work in synergy for absolute efficacy and well-being:



Exclusive to THÉMAË, the **Complexe des 4 Thés® (4 Teas Elixir)** offers antioxidant protection

Obtained from a precious mix of just the right amounts of green tea, black tea, white tea, and blue tea (known as oolong), whose synergy produces exceptional antioxidant effects. Infused in pure spring water, these precious tea extracts are «especially soluble and become bio-available and perfectly assimilated» to better release their benefits within the skin.

The 4 Teas Elixir is present in every formula, helping to fight skin aging and neutralize free radicals, which break down proteins that support the skin (collagen, elastin, and fibroblasts).

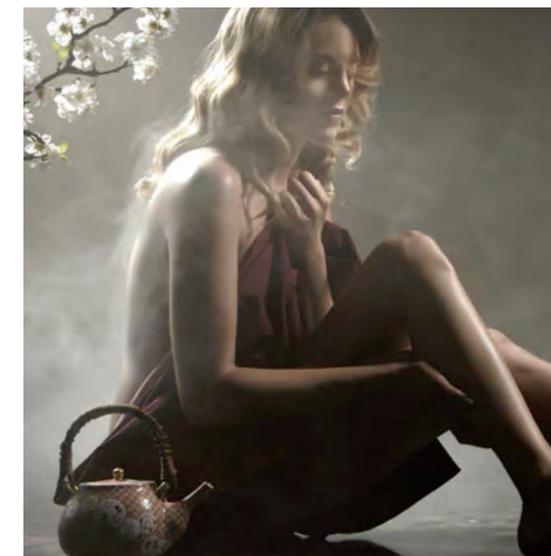
THÉMAË cosmetics enriched with the **Complexe des 4 Thés® (4 Teas Elixir)** and spring water are manufactured in France by an expert laboratory in the field.

# Face RANGE



THÉMAË  
PARIS

# Body RANGE



THÉMAË  
PARIS

## PURITY

An essential step to cleanse and purify the skin.

### Démaquillant Pur Théïshu - 200ml

Organic Face and Eye Make-up Remover with 4 Teas Elixir. Enriched with soothing rooibos or "red tea", efficiently and very gently removes all trace of make-up, impurities and excess sebum.

### Crème de mousse Pur Théïshu - 150ml

This foaming cream cleanser revitalizes normal and combination skin. Perfectly clean, your skin breathes vitality.

### Eau Micellaire Pur Théïshu - 200ml

Pure and simple this micellar water is ideal for removing make-up on face and eyes quickly. It gently eliminates make-up, impurities and excess sebum, thanks to its "micelles" and the 4 Teas Elixir.

### Lotion Pur Théïshu - 200ml

This fresh and pure lotion completes cleansing and reveals the radiance of your skin. Complexe des 4 Théés® (4 Teas Elixir) and Lotus Flower extract bring softness and comfort to the skin.

### Exfoliant Pur Théïshu - 50ml

The Creamy Facial Exfoliant with 4 Teas Elixir is formulated with rice powder to eliminate impurities, unclog pores, and refine the skin texture gently for a pure, radiant complexion.

## DETOXIFY

Stimulate cellular renewal to restore natural radiance.

### Thé d'Argile - 50ml

The Detox radiance facial mask with 4 Teas Elixir is enriched with purifying and detoxifying active ingredients to promote skin oxygenation, unclog pores and reduce irregularities, revealing a fresh and radiant complexion.

## MOISTURIZE\*

Designed to care for your skin every day and offer you the necessary active ingredients to restore perfectly hydrated\*, protected and nourished skin.

### Stratégie Hydratation\* - 50ml

The Moisturizing\* face cream with 4 Teas Elixir is a light and fresh texture, infused with moisturizing\* active ingredients to reinforce the barrier function and restore moisture\* to thirsty skin.

### Cérémonie Matifiante - 50ml

The Multi-perfection cream with 4 Teas Elixir, is a light emulsion that controls shine due to the action of purple rice, which retains sebum and improves firmness. For combination to oily skin, the result is a younger appearance and powdery softness.

### Cérémonie Jeunesse - 50ml

The Multi-action anti-ageing cream with 4 Teas Elixir, is formulated with powerful anti-ageing active ingredients that protect the skin's support fibers and reinforce moisturization\* and comfort. Skin is regenerated, wrinkles are smoothed, facial contours are re-sculpted.

## SPECIFICS

Recreate the fundamental balance of the skin for a dual instant lifting effect and a long-term anti-ageing action.

### Contour des Yeux - 30ml

The Soothing eye cream with 4 Teas Elixir, moisturizes\*, decongests, reduces the visible signs of fatigue, and smoothes the eye contour.

### Sérum Multi-actif - 30ml

The radiant smoothing serum with 4 Teas Elixir infuses the skin with light. The complexion is evened out, the skintone is smoothed and radiant with youthfulness. Use in addition to your skincare cream.

\*The upper layers of the epidermis.



# Body RANGE



**THÉMAË**  
PARIS

## CLEANSING



### Gel nettoyant mains & corps Douceur de Thé® - 300ml

This sumptuous gel, with a texture reminiscent of steeped black tea, gently cleanses and refreshes. Here, THÉMAÉ's Complexe des 4 Thés® (4 Teas Elixir) with its anti-ageing, antioxidant qualities, is combined with coconut, a gentle cleansing agent that leaves the skin's pH balance intact, and with olive oil and aloe vera, which moisturize\* and soothe the skin.

## EXFOLIATION

A luxurious texture for toned and refined skin.



### Gommage Thé au Népal - 200ml

The Silky body scrub with 4 Teas Elixir is formulated with bamboo particles that gently scrub away dead skin cells. It leaves behind a moisturizing\*, protective veil on the skin.

## MOISTURIZE\* NOURISH

These products offer all the benefits of the Complexe des 4 Thés® (4 Teas Elixir): moisturization\*, nourishment, stimulation.



### Baume des Quatre Thés® - 200ml

The Nourishing body balm with 4 Teas Elixir has a rich, melt-in texture enriched with hemp and macadamia oils which repair and soothe irritated skin.



### Baume de Printemps - 200ml

The Nourishing body balm with 4 Teas Elixir has a rich, melt-in texture enriched with hemp and macadamia oils which repair and soothe irritated skin.



### Baume Délicieux Thé en Orient - 200ml

The Nourishing body balm with 4 Teas Elixir has a rich, melt-in texture enriched with hemp and macadamia oils which repair and soothe irritated skin..



### Crème Changeante Soyeuse - 200ml

The Moisturizing\* body cream with 4 Teas Elixir infuses the skin with moisturizing\*, lipid-restoring active ingredients. Skin is immediately soothed and renewed.



### Crème Mains Thé en Russie - 75ml

The Protective repairing hand cream with 4 Teas elixir, is a non-greasy rich texture formulated with Siberian pine, which has brightening and protective properties. It moisturizes\*, nourishes, protects, and softens the hands and nails.



### Lait mains & corps Douceur de Thé® - 300ml

Its light and silky texture is already a promise of daily well-being. Thanks to the combination of Complexe des 4 Thés® (4 Teas Elixir), sunflower oil, vitamin E and allantoin, this delightful lotion moisturizes\*, protects and soothes the skin, while boosting its natural defenses.

\*The upper layers of the epidermis.

## ILLUMINATE

These silky oils possess essential qualities to completely repair the skin.



### Huile des 4 Thés® - 30 & 100ml

Organic dry oil face, body and hair with Complexe des 4 Thés® (4 Teas Elixir). Jojoba oil restructures and nourishes lifeless skin and hair, making them shiny and smooth.



### Huile des 4 Thés® Brume d'Or - 30ml

Silky to the touch, this oil's fine droplets contain regenerative white tea from the Complexe des 4 Thés® (4 Teas Elixir), nourishing Tahitian Monoi oil and fine illuminating gold dust. Gives both skin and hair radiance and shine.

## PLEASURE

Two delicate fragrances invite you to experience a revitalizing awakening or an ultimate relaxation.



### Brume de Thé - 50ml

Body mist with Complexe des 4 Thés® (4 Teas Elixir) refreshing and invigorating.



### Brume de Sommeil Thé du soir - 50ml

Pillow mist. The soothing properties of herbal tea with 12 essential oils combined with orange blossom pure absolute clear away stress, calm and relax.



### Infusion O'Furo® Eté Tea Bag for Bath - 20g

The THÉMAÉ Summer Infusion O'Furo® transforms into a lotion on contact with water, releasing its precious active ingredients: green tea and sweet almond oil to smooth, soften and nourish the skin. Its fresh and invigorating fragrance stimulates and revives the skin for a moment of intense well-being.

### Infusion O'Furo® Automne Tea Bag for Bath - 20g

Its sweet and aromatic fragrance soothes the senses and encourages relaxation for a moment of intense well-being.

THÉMAÉ Douceur de Thé®, Spa Bar and Turndown amenities offer an harmonious complement to hotel, Spa and home experiences.

Douceur de Thé®, is an exclusive **line of amenities** that celebrates tea in all its forms.



### Shampooing au Complexe des 4 Thés®

A shampoo that is suitable for all hair types, frequent use and has a gentle formula.

### Après-Shampooing au Complexe des 4 Thés®

A conditioner that makes detangling easier for dry to very dry hair, while protecting it against external aggressions.

### Gel douche au Complexe des 4 Thés®

A shower gel with gentle cleansing agents and a fresh and energizing fragrance.

### Savon au Complexe des 4 Thés®

This rich soap with a delicate scent contains gentle cleansing agents for clean and comfortable skin.

### Lait corps au Complexe des 4 Thés®

A voluptuous lotion with a fluid texture that intensely moisturizes\* and leaves behind a veil of softness.

Available in the following sizes: 35ml, 50ml, 75ml, 300ml and 30grs, 50grs.

\*The upper layers of the epidermis.

## Efficacy and well-being

Every THÉMAÉ treatment is a refined and delicate source of inspiration and well-being, while every product in the THÉMAÉ range offers an extension of this philosophy for effective results and the ultimate beauty perfection. With each treatment, THÉMAÉ celebrates tea and its multiple virtues.

THÉMAÉ facials and body treatments gives a new experience to relish like a rare tea from a distant island, at the Spa or simply at home... All THÉMAÉ products and treatments are infused with tea, its source of inspiration, which contains more than 30% polyphenols (one of the most renowned concentrations to date, with antioxidant power that is 200 times greater than that of vitamin E).

THÉMAÉ's unique philosophy and expertise breathe life into a haven of serenity entirely devoted to beau-tea and well-being, where tea is the focus in countless ways.



## THE THÉMAÉ FAMILY

THÉMAÉ Spa in Paris is a place where body and mind are relaxed.

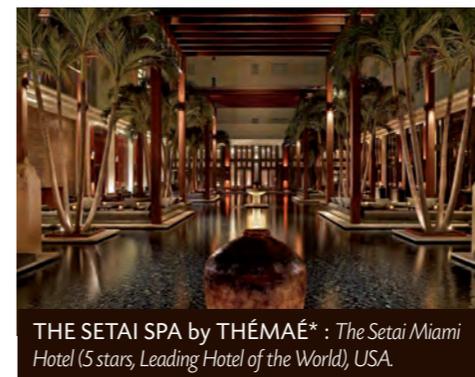
Supreme luxury hotel & spa's have chosen THÉMAÉ products for its passion for refinement and expertise.



SPA THÉMAÉ  
Paris, France.



SUITE SPA by THÉMAÉ\* : Castelbrac Hotel  
(5 stars), Dinard, France.



THE SETAI SPA by THÉMAÉ\* : The Setai Miami  
Hotel (5 stars, Leading Hotel of the World), USA.



ANAHITA SPA by THÉMAÉ\* : Resort Anahita  
(5 stars), Mauritius Island.

\*THÉMAÉ Spa independent operator

THÉMAÉ is present in over 200 partner spas all over the world.  
EUROPE • NORTH AMERICA • ASIA PACIFIC • MIDDLE EAST • AFRICA



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